

"The survival of wilderness – of places that we do not change, where we allow the existence even of creatures we perceive as dangerous – is necessary. Our sanity probably requires it. . . These places function, I think, whether we intend them to or not, as sacred groves – places we respect and leave alone, not because we understand well what goes on there, but because we do not. . . We go to wilderness places to be restored, to be instructed in the natural economies of fertility and healing, to admire what we cannot make. Sometimes, as we find to our surprise, we go to be chastened or corrected. And we go in order to return with renewed knowledge by which to judge the health of our human economy and our dwelling places."

~ Wendell Berry, *Getting Along With Nature* (1982)

Sometimes #4

Instructions for living a life:

Pay attention.

Be astonished.

Tell about it.

~ Mary Oliver, *Red Bird*, 2008